

## Senior Centers

Arkansas City

Atlanta

Burden

Dexter

Udall

Winfield

## Other Services

Legal Services

Health Screenings

## Funding for services is provided by:

- Local Mill Levy
- South Central Kansas Area Agency on Aging and Disability Services/Kansas Department for Aging and Disability Service: Older Americans Act & Senior Care Act
- KDOT Section 18
- Donations
- Memorials
- Corporation Matching Gifts

The Cowley Co. Council on Aging does not discriminate on the basis of race, color, national origin, sex, age, or handicap. If you feel you have been discriminated against, you have the right to file a complaint with the Cowley Co. Council on Aging, 620-221-7020 or 877-491-3984

## Cowley Council on Aging County

700 Gary, Suite C

Winfield, KS 67156

620-221-7020

877-491-3984



## Information & Assistance

I & A is designed to guide and connect older adults and/or their families to available services. If we don't have the answers, we will help you find them

### Advocacy

Is a service to promote the independence and individual rights of older persons. This includes receiving, investigating, and working to resolve disputes or complaints on their behalf.

### Outreach

Staff conduct home visits with older adults and/or families to inform them of available services and encourage participation in programs that improve their quality of life.

## SHICK

### (Senior Health Insurance Counseling for Kansas)

This program educates the public and assists consumers on topics related to Medicare and health insurance so they can make informed decisions.

### Homemaker & Attendant Care Services

Homemakers may provide assistance such as bathing, dressing, cleaning, laundry, meal preparation, and shopping.

## General Public Transportation

Transportation service is available for all ages, Monday through Friday for medical, personal business, and recreational reasons. To make arrangements for a ride contact the Cowley County Council on Aging office Monday-Thursday 8:00-12:00 and 1:00-5:00 and Friday 8:00-2:00.

### Respite Care Program

Respite is short term care that helps families take a break from the daily routine and stress of caregiving. A respite worker can come into the home and provide this service.